



The Resu-Wrecked Heron Bar & Restaurant makes every effort to insure that the prices and items listed on our menu are up to date and correct. However, the prices and items listed on our web site menus are NOT guaranteed, and are subject to change without notice.

## KIDDIES MENU

<u>Ice Cream!!</u>	R 22-00
One scoop of vanilla ice cream, with or without Chocolate Sauce, served in your free mini Frisbee.	
<u>Nice Crunchy Chicken &amp; Chips</u>	R 60-00
Nice crunchy chicken bites with chippies and tomato sauce	
<u>Fish Balls &amp; Chips</u>	R 40-00
Fish nuggets with chippies & tomato sauce	
<u>Hotdog &amp; Chips</u>	R 39-00
With a dollop of tomato sauce!	
<u>Kiddies Beef (R60-00) or Chicken Burger &amp; Chips .</u>	R60-00
Small homemade patty, "just on a bun with tomato sauce	
<u>Junior Fry</u>	R 40-00
Vienna Sausage, Fried egg & chippies	
<u>Only Chips</u>	R24-00
"All by themselves" on a your free small Frisbee	
<u>Spaghetti Bolognaise with Grated Cheese</u>	R59-00
<u>¼ Pizza –</u> Chicken & Cheese Pizza – Yummy!	R55-00
<u>Toasted Sandwiches –</u> Bacon & Egg (R49-00 ) or Cheese & Tomato (R39-00)	

Milk Shakes – assorted flavours:

250ml – R23-00

330ml – R28-00

**Starters**

Soup

R38-00

Choices between Butternut or Cream of Tomato or Cream of Broccoli.  
Served with Bread Freshly prepared and full of goodness.

Stripper

R60-00

Not what you think! Sies! A mouthwatering creation of steak strips,  
pan fried in butter and garlic and smothered in a garlic and pepper cream sauce.

Snails Caradine

R70-00

Imagine snails, broiled in cream & garlic, crusted  
with blue cheese... served with fresh brown bread.

Traditional Garlic Snails

As it states – traditional & garlicky

R61-00

Calamari

R56-00

Tender strips of deep fried Calamari Steak, served on rice  
with our tartare sauce. Delicate, & of course, never rubbery!!

Chicken Livers Peri-Peri

R58-00

Peri-peri at its best. Livers sautéed in butter and folded into a secret sauce  
with a hint of mild English Cheese, either in a bun or with toast.

Heron's Mushrooms

R69-00

A rendition of the ex 'Mushroom Caradine'...  
Brown Mushrooms cooked in a cheese sauce with chopped onion,  
diced bacon & rosemary & thyme with a grilled cheese topping.

Oysters

R148-00

Oysters served served on a bed of shredded lettuce & crushed ice,  
lemon wedges & Tobasco Sauce – aphrodisiacal to say the least!

Shrimp Cocktail

R78-00

Delightful, crisp, summery .....

**Salads**

Side order

Greek Salad

R51-00

French Salad

R39-00

Blue Cheese Salad

R55-00

Heron's Chicken Salad

R55-00

with honey & mustard dressing

Calamari Salad

R68-00

## Seafood

All main dishes are served with chips, rice, or baked potato

Deep Fried Calamari Strips R110-00  
Served with our home- made tartare sauce. A delicious main course. Enjoy!!

Caradine Line Fish of the Day R185-00  
Please ask your waiter for details...!

Prawns R220-00  
8 Prawns, pan fried in butter & garlic. Best enjoyed finger eaten!!

Seafood Curry R155-00  
Natal Style, (Medium or Hot) Fish, mussels & shrimps  
...Yummy!! Served on a bed of rice with chutney & coconut

Hake, Prawn & Calamari Trio R200-00  
..served with Chips or Rice or Salad & Tartare Sauce

Seaside Platter -  
can be ordered for 1 person (R250-00) / 2 people (R400)  
Calamari Rings, FishBalls, Fillet of Hake, Prawns, Onion Rings & Spring Vegetable Rolls,  
Rice or Chips.

## Meat Dishes

All main dishes are served with chips, or rice, or baked potato.

Gemini Rump  
Prime Rump, char-grilled to perfection.  
300 gram R161-00  
200 gram R115-00

De Luxe Sirloin R138-00  
Tasty & tender Porterhouse cut....(250 g) with a nice piece of fat on it...

Premier Fillet R163-00  
Succulent butterflied fillet...best eaten Rare or Medium Rare.... Delicious!  
200 gram

Texas Carpetbagger R220-00  
Prime Beef (350 gram) stuffed with mussels & shrimps in a delicately  
herbed garlic & cheese sauce. A meal to compare with the best!!!

Two Seasons (200 gram) R190-00  
Medallions of fillet, each smothered in a different sauce, Cheese & Mushroom,  
Garlic, Pepper Enjoy a kaleidoscope of flavours...a real treat!

<u>Crumbed Pork Schnitzel</u> Shallow Fried & Crumbed. Delicious!	R124-00
<u>Rib &amp; Chicken Combo</u> ... Served with Chips. Lekker !!	R170-00
<u>PIZZA</u> Either Chicken & Mushrooms or Bacon, Onion & Peppers with a Cheddar Cheese Topping	R132-00
<b><u>Natal Style Curries (Med or Hot)</u></b> <u>Plated or as a half Bunny Chow</u> Lamb Chicken Curry Chicken & Prawn Curry All served with Rice – sambals (plain or chilli), coconut & chutney.	R210-00 R105-00 R160-00
<b><u>Chef' s Vegetarian Menu</u></b> Please advise your waiter if you do not eat milk products as some of the dishes may contain cheese, milk and/or cream.	
<u>Vegetarian Platter</u> Selection of fresh vegetables and mushrooms	R80-00
<u>Vegetarian Alfredo</u> Italian Style – Tagliatelle pasta, mushrooms, garlic,cream and parmesan cheese –	R90-00
<u>Spring Rolls</u> ..filled with vegetables and served with chips and a chilli Dipping Sauce	R86-00

## **Poultry Dishes**

All dishes served with Chips, Rice or Baked Potato

<u>Chicken Schnitzel</u> Classic Schnitzel made from the finest Chicken Breast. Awesome!	R 91-00
<u>Chicken Cordon Bleu</u> Rolled breast of chicken filled with feta cheese, ham <u>or</u> bacon. Crumbed & deep fried– covered with a cheese sauce.	R120-00
<u>Chicken Steaklets &amp; Salad or Chips</u> Crumbed Steaklets deep fried and smothered in a cheese sauce! A light but fulfilling meal.	R87-00
<u>Grilled 1/2Spring Chicken</u> Marinated in either Lemon & Herb <u>or</u> Peri-Peri or Barbeque sauce.	R140-00
<u>Chicken &amp; Mushroom Penne Pasta</u> Cooked in a creamy herb sauce. Served with Parmesan cheese.	R97-00

## Heron Specialities

..... served without Vegetables!

Fried/Grilled Fish & Chips R95-00  
Prime hake, lightly battered. May also be served with rice or baked potato instead of Chips.

Hamburger Burger & Chips R95-00  
Add ons: Egg R6-00 Bacon = R14-00 Cheese R9-50

Spare Ribs  
½ Rack R160-00  
Full Rack R210-00  
Tantalising – use of fingers permitted! Served with chips or rice or baked potato

Steak, Egg & Chips R140-00  
(250 gram) An old favourite! Simple & delicious.  
May be served with rice/baked potato instead of chips.

Rump & Calamari Duo R158-00  
200g Rump topped with deep fried calamari.  
Served with a sweet chilli dip.

Eisbein – R165-00  
The German Way!! Served with mashed potato,  
sauerkraut & mustard.

Tagliatelle Alfredo R95-00  
In true rich & passionate Italian style – Tagliatelle pasta,  
ham, mushrooms, garlic, cream & parmesan.

Deluxe Chicken Breast Burger R79-00  
Add ons: Egg R6-00 Cheese: R9-50

Lamb Riblets R160-00  
Tantalizing – use of fingers permitted! Served with chips, rice or baked potato

## Add Ons!

Vegetables of the day R54-00  
Portion of Chips R30-00  
Garlic Roll R35-00  
Garlic & Cheese Roll R40-00  
Onion Rings (Battered) R30-00  
Fried Egg (an add on to any meal) R 6-00  
Hamburger Roll & Butter R 7-00

## Sauces

Cheese	R28-00
Garlic	R28-00
Pepper	R28-00
Peri-Peri (Hot)	R28-00
Cheese & Mushroom	R32-00

## Desserts

<u>Ice Cream with/ without Chocolate Sauce</u>	R45-00
<u>Lemon Meringue</u> (when available) The ultimate...! Freshly made...	R53-00
<u>Crème Brulee</u> soft, moist, sweet ... & that cracked sugar! Yum!	R60-00
<u>Traditional Malva Pudding</u> Hot & sticky ... served with <u>either</u> Custard <u>or</u> Cream <u>or</u> Ice Cream.... Deeeelicious!!!	R55-00
<u>Austrian Chocolate Mousse</u> Decadent!!!	R57-00

## Drinks

Cold Drinks 200ml	R17-00
Cold Drinks 340ml	R18-00
Soda Float	R29-00
Fruit Cocktail	R25-00
Tea	R15-00
Filter Coffee	R19-00
Cappuccino (with Cream)	R22-00
Milo/ Hot Chocolate	R22-00
Hot Chocolate	R22-00

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Irish Coffee/ Kahlua Coffee	R49-00
Kahlua Coffee	R47-00
Irish Dom Pedro	R49-00
Kahlua Dom Pedro	R47-00
Peppermint Dom Pedro	R45-00
Cape Velvet Dom Pedro	R45-00
Amarula Dom Pedro	R45-00
Frangelico Dom Pedro	R51-00
Drambuie Dom Pedro	R54-00
Other Speciality Coffees	SQ